

Information for patients

Read all of this leaflet carefully because it contains important information. This medicine has been prescribed for you by your doctor or has been delivered without prescription by your pharmacist. To get the best results you need to follow carefully this leaflet, or according to the instructions given by your doctor or pharmacist respectively. Keep this leaflet in order to be able to read it later again.



What is Lamisil Once and when is it used?

Lamisil Once is a medicine intended for the treatment of athlete's foot.

During treatment with **Lamisil Once** the symptoms of athlete's foot such as itching, desquamation and redness will relief.

When should Lamisil Once not be used?

In case of allergy to its active ingredient or to one of its excipients.

In children below 15 years: **Lamisil Once** has not been investigated in treating children below 15 years.

What precautionary measures should be observed when using Lamisil Once?

Lamisil Once is for external use only; it must not get into your eyes. If **Lamisil Once** comes into contact with the eyes, they should be rinsed thoroughly with water. Consult your doctor if discomfort still persists.

Lamisil Once should be used with care on open wounds because the product contains alcohol which can cause irritation.

Consult your doctor in the case of extensive mycosis or if the mycosis involves the nails. Please inform your doctor or pharmacist if:

- you suffer from other diseases,
- you are allergic or
- you take or externally use other medicines (even if available without prescription!).

Can Lamisil Once be used during pregnancy or lactation?

During pregnancy or lactation **Lamisil Once** must not be used, except with medical prescription. As a precaution, you should not use any medicine during pregnancy or lactation if possible, or you should seek your doctor or pharmacist for advice.

How to use Lamisil Once?

Adults and adolescents from the age of 15 years: **Lamisil Once** is to be applied only once.

- Before applying **Lamisil Once**, wash carefully your hands and clean the affected parts with a cotton wool pad and warm water and carefully dry them.
- **Lamisil Once** should be applied to both feet to also treat the fungus in other areas even if no lesions are visible.
- Apply first a thin layer of **Lamisil Once** between and over the toes;



- Then apply (do not massage into skin) **Lamisil Once** over all sole and sides of your foot for up to 1.5 cm (see picture);
- Leave the applied solution to dry to a film for 1 to 2 minutes.
- Wash carefully your hands after the application.

For best results **Lamisil Once** should be left for 24 hours on the feet and should therefore not be washed off.

If there are no signs of improvement after one week, consult your doctor.

Please adhere to the dosage indicated in this information leaflet or prescribed by your doctor.

If you believe that efficacy of the medicine is too weak or too strong, please consult your doctor or pharmacist.

What side effects can Lamisil Once have?

The following side effects can occur during treatment with **Lamisil Once**:

Occasionally: mild irritations, redness or a mild sensation of burning on the skin. But treatment has to be stopped only in rare cases. In very rare instances, hyper-sensitivity (itching, redness, rash) has been observed. In these cases, you should consult a doctor.

If you notice any other side effects not mentioned in this leaflet, please tell your doctor or pharmacist.

What should further be taken into consideration?

Medicines must be kept out of the reach of children. Store below 30 °C.

The medicine may only be used until the date printed on the package with the indication <EXP>.

For more information, consult your doctor or pharmacist. They have more detailed information intended for health professionals.

What contains Lamisil Once?

1 g of **Lamisil Once** contains 10 mg of terbinafine as terbinafine hydrochloride (active ingredient), alcohol and other excipients.

What are the pack sizes available on the market?

Tube of 4 g.

Manufactured by

Novartis Consumer Health SA, Nyon, Switzerland

Information updated:

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(THIS IS A MEDICAMENT)

- Medicament is a product which affects your health, and its consumption contrary to instructions is dangerous for you.
- Follow strictly the doctor's prescription, the method of use, and the instructions of the pharmacist who sold the medicament.
- The doctor and the pharmacist are experts in medicine, its benefits and risks.
- Do not by yourself interrupt the period of treatment prescribed for you.
- Do not repeat the same prescription without consulting your doctor.

Keep medicament out of reach of children

Council Of Arab Health Ministers
Union Of Arab Pharmacists